

Product Descriptions for Wild Mountain Paleo: Pure Traditions Product Line

by John Hays

Intro copy for the hot cereals page:

“These hot cereals are made from wholesome, nutrient-dense real food ingredients including organic coconut, almond, pecan, organic flaxseed, organic chia seed, and Himalayan pink salt.”

Maple Hot Cereal

Perfect for those cooler mornings (OK, any morning), this maple-sweetened and hearty cereal satisfies your hunger... while pleasing your taste buds and fortifying your system with 4 grams of vital protein and 13 grams of healthy, energizing fats to fuel your day.

And talk about convenient? Just add hot water, wait three minutes... and you're in for a treat. The sturdy, resealable bag makes it perfect for home, office, or even a campout. Delicious by itself, it's also easy to add your own twist with fresh fruit, butter, or whatever you or your kids like best – and yes, this cereal has a higher than normal “kid approval” rating.

Could this be the tastiest paleo hot cereal ever? Take a break from the eggs and bacon, and find out for yourself.

Unsweetened Hot Cereal

Sometimes, you just can't beat a good hot cereal for breakfast – and this unsweetened instant cereal is a perfect paleo-friendly choice. Yes, it's tasty, with a wholesome, nutty charm all its own. But it will also do your body right, with 5 grams of vital protein and 17 grams of healthy, energizing fats to fuel your day.

And don't let the “unsweetened” tag fool you. This is hot cereal – it goes without saying that you can gussy it up with fresh fruit, butter, ghee, almond milk... the possibilities are endless.

And talk about convenient? Just add hot water, wait three minutes... and you're in for a treat. Plus, the sturdy, resealable bag makes it perfect for home, office, or even a campout.

Nutritious, convenient, and satisfying... make breakfast easy, and go grab a bag today.

Power Protein Hot Cereal

There's hot cereal... and then there's "Power Protein" instant hot cereal. This one's a beast – packing 14 grams of vital protein so essential for building and repairing body tissues, it adds a whopping 26 grams of healthy fats to provide true satiety and more than enough energy to fuel your paleo lifestyle.

Its low-glycemic coconut sugar offers you just a touch of sweetness, and it's easy to spruce up with your choice of butter or ghee, fresh fruits, or other toppings of your choice. Even heartier than the other hot cereals, it's perfect for athletes or anyone who needs a protein boost.

Just add hot water and wait three minutes – now you're ready to put some serious power into your day. And the sturdy, resealable bag makes all this healthy and hearty energy incredibly easy to tap into.

Paleo power, convenience, and a wholesome flavor... get your fill today.

Pancake Mix

If you're into paleo and you like pancakes, you really ought to check these out. Fast and easy to make – just add an egg, healthy oil of your choice (coconut, butter, ghee, just to give some ideas), and milk (from raw cow to the almond variety). That's it! You and your family are ready to go.

You can't go wrong serving with just a pat of butter and real maple syrup, but you can get as fancy as you want in terms of toppings. Each serving yields three to four pancakes, and with six servings in each resealable bag, there's plenty to go around. And did we mention how filling they are?

Even non-paleo family members have been known to scarf these down in a hurry, helping themselves to all the paleo ingredient goodness, including 17 grams of wholesome fats and 5 grams of protein.

Keep the "pancakes for breakfast" tradition alive and well... stock up on this nutrient-dense pancake mix today.

Mountain Sticks

Authentic. Sink your teeth into one of these bad boys, and you *know* you're getting the real deal. No MSG, sugar, or chemicals. Just rugged paleo fare.

You know this one is serious just by looking at it. It's not some smooth tube that got pressed out of a machine, but a rough-looking, textured bit of paleo power food that's meant to be man-handled and appreciated for what it really is: not just jerky, but a genuine Mountain Stick.

Each 1-ounce Stick packs 7 grams of tissue-building protein and 4.5 grams of wholesome saturated and unsaturated fat. And by protein, we mean 100% grass-fed beef – with a whopping 35% in the form of beef organs (heart, kidney, and liver), delivering the higher nutrient density that organ meat offers.

And the thing is, the taste is hearty and pure – not at all gamey. Even kids love them. So they're not only a great snack, but a smart way for parents to give their kids the nutritional punch delivered by organ meats, even if they wouldn't touch them otherwise.

That's why we say around here, "They're offaly delicious!"

Stock up on these beef and organ power snacks today.

Pizza Crust

Craving a pizza? Stay true to your paleo genes and indulge yourself! With this quick and easy – and nutritious – mix, you can go from shelf to table in just 20 minutes.

Just add an egg, oil, and water, then bake. All that's left to do is add your favorite toppings... olive oil, pesto, goat cheese, meat, veggies, whatever you like. It's a pizza, after all!

And more than a pizza: this is a true paleo recipe, with ingredients like almond meal, tapioca, organic coconut flour, and organic chia seed. So it's grain-free, has a low glycemic profile, and offers generous amounts of healthy fats and even protein.

It doesn't get easier or healthier than this... so grab your pizza crust today, and perfect your paleo pie-making skills.